

Mark Widdowson Honored With the First ITAA Research Award

by Biljana van Rijn

We are proud to announce that the first winner of the ITAA Research Award (ITAARA) is Dr. Mark Widdowson. The award was created to acknowledge and celebrate individuals and teams who have made a major contribution to research in any field of transactional analysis, and we are pleased to have an honoree who so ably demonstrates that quality.

Mark, a Teaching and Supervising Transactional Analyst (psychotherapy), has been chosen as the first recipient of the ITAARA for his work on the effectiveness of transactional analysis psychotherapy using case study research methodology.

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He lives in central Manchester, United Kingdom, and is a senior lecturer in counseling and psychotherapy

at the University of Salford. Mark is an active psychotherapy researcher and is currently researching the effectiveness of a TA-based psychoeducational group work intervention as well as the effectiveness of TA for anxiety. He remains passionate about the value of case study research and its ability to research both the process and outcome of therapy and its potential for theory and practice development.

On hearing the news that he had been given the award, Mark said, "I am absolutely delighted to receive this award. Research can be an isolating process, and to receive the support and recognition from the professional community that this award represents is an incredibly powerful stroke. It encourages me to continue my work in developing the evidence base for transactional analysis."

Mark received his award plaque and spoke a few words at a ceremony held during the World TA Confer-



ence in Berlin. If you would like to congratulate him on this important achievement, he can be reached at mark.widdowson1@btopenworld.com.

If you would like to nominate someone for the 2018 ITAA Research Award, please contact Dr. Biljana van Rijn, TSTA (P), chair of the ITAA Research Award Committee, at biljana.vanrijn@metanoia.ac.uk. The deadline for nominations is 1 January 2018. 📧